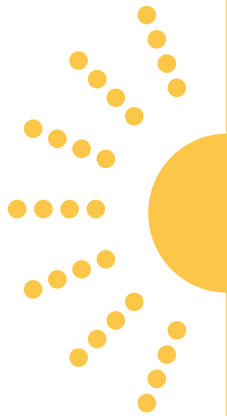




SUMMER 2022 SCHEDULE



-  **AQUATIC ACTIVITIES**
-  **DAY CAMPS**
-  **SPORTS ACTIVITIES**
-  **CULTURAL ACTIVITIES**
-  **COMMUNITY ACTIVITIES**
-  **EVENTS**
-  **HERITAGE TOURS
AND CIRCUITS**

i Version of April 28, 2022 - The schedule may be subject to last minute changes due to COVID-19 health measures. Check with activity organizers to confirm activity and schedule.

For any question, please contact the Recreation, Community Life and Culture service:
agculture.lvc@sutton.ca or 450-538-2231 ext. 244

DAY CAMPS

TOWN OF SUTTON - GOYETTE-HILL PARK

Sutton Day Camp

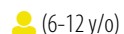
Sutton Day Camp With Daycare Service

Sutton Day Camp
*Support program for children with special needs**



PARC D'ENVIRONNEMENT NATUREL DE SUTTON (PENS)

4 Summits Nature Camp



ISABELLE GIASSON ACADEMY - GYMNASIUM OF SUTTON SCHOOL

Gymnastics Summer Camp



Teens (15-17 y/o) Young people (6-14 y/o) Children (0-5 y/o)

JUNE 27 TO AUGUST 19

Monday to Thursday
9 a.m. - 4 p.m.

Monday to Thursday
7:30 a.m. to 9 a.m. and 4 p.m. to 5:30 p.m.

Monday to Thursday
9 a.m. - 4 p.m.

JULY 4 TO AUGUST 19

Monday to Friday
9 a.m. - 4 p.m.

AUGUST 15 TO AUGUST 19

Monday to Friday
8:30 a.m. - 4 p.m.

Fee-based activities

Voluntary contribution suggested

REGISTER !

Town of Sutton

Online Preregistrations April 19 for residents of Sutton and **April 26** for non-residents.

All the information and necessary links can be found in the [procedure](#).

* This program is offered exclusively to children who are residents of Sutton and who have registered beforehand for the Sutton day camp. Complete the [Support Program Registration Form](#) and send it to camp.lvc@sutton.ca no later than May 24, 2022.

For more information, visit the [Sports and Recreation](#) section of the Living Sutton section of the Town's website or contact us by email at camp.lvc@sutton.ca.

Parc d'environnement naturel de Sutton (PENS)

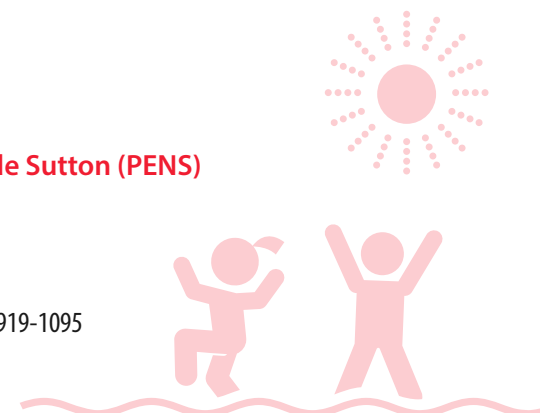
Online registration on parcsutton.com

450 538-2121 or camp@parcsutton.com

Isabelle Giasson Academy




academieisabellegiasson@yahoo.ca or 450 919-1095









[FB academieisabellegiasson](https://www.facebook.com/academieisabellegiasson)



SPORTS ACTIVITIES

| SOCCER SUTTON | | | |
|-----------------------------|---|---|--|
| Soccer at Goyette-Hill Park | \$65 (From 5 to 6 years) \$100 (From 7 to 17 years) \$30 (uniforms) 20 % discount for additional children in the same family |  (5-17 y/o) | May to August (1 to 2 times a week depending on the category) |

| PARC D'ENVIRONNEMENT NATUREL DE SUTTON (PENS) | | | |
|---|---|--|---|
| Hiking in the Moonlight Round Top | Member: \$5 Non-Member: \$10 |  (13+ y/o) | From June 1 st to September 30 |
| Bird-watching tour | Voluntary contribution + and PENS access \$ | | From April 30 to June 18 |
| Club des Godasses PENS trails | Free |  (50+ y/o) | From April 1 st to September 30 |
| Big Spring Cleanup | |  (13+ y/o) | June 4 (postponed to June 11 in case of rain) |
| Poetry in the wilderness | | All | August 20 and 21 |
| Mushroom workshop | \$60 Free (12 and under) | All | Early summer and fall |

| SKATEBOARD SCHOOL NM | | | |
|---|------|--|--------------------------------|
| Skateboarding initiation with parents' presence | \$50 |  (3-5 y/o) | From April 15 to May 6 |
| Beginner / Intermediate Skateboarding | \$60 |  (6-9 y/o) | |
| | |  (10-15 y/o) | |
| Advanced Skateboarding | |  (8-17 y/o) | |
| Skateboarding initiation with parents' presence | \$50 |  (3-5 y/o) | From September 16 to October 7 |
| Beginner / Intermediate Skateboarding | \$60 |  (6-9 y/o) | |
| | |  (10-15 y/o) | |
| Advanced Skateboarding | |  (8-17 y/o) | |

 Adults and Seniors  Teens (15-17 y/o)  Young people (6-14 y/o)  Children (0-5 y/o)

 **REGISTER !**

Soccer Sutton

president.soccersutton@gmail.com

Practice times and days are subject to change.

Online registration between March 15 and April 3:

inscriptionsoccersutton@gmail.com

| Monday | Tuesday | Wednesday |
|--|---|--|
| (U10) 7 - 8 p.m. (U12F) 6 - 7 p.m. (U17) 7 - 8:30 p.m. | (U8) 7 - 8 p.m. (U14F) 6 - 7 p.m. (U12) 7 - 8:30 p.m. | (U6-U8) 6 - 7 p.m. (U17M) 6 - 7 p.m. (U14) 7 - 8:30 p.m. |
| Wednesday | Friday | Saturday/Sunday |
| | | Saturday Varies |
| | | Saturday 7 - 10 a.m. |
| 4 - 6 p.m. | | |
| | | Saturday 9 a.m. - 4 p.m. |
| | | Saturday and Sunday Twice a day |
| | | Saturday 9:30 a.m. - 4 p.m. |
| Friday | | |
| | 4 - 4:45 p.m. | |
| | 5 - 6 p.m. | |
| | 6:15 - 7:15 p.m. | |
| | 7:30 - 8:30 p.m. | |
| | 4 - 4:45 p.m. | |
| | 5 - 6 p.m. | |
| | 6:15 - 7:15 p.m. | |
| | 7:30 - 8:30 p.m. | |

Parc d'environnement naturel de Sutton (PENS)

900 Réal Rd. (altitude 520) | parcsutton.com

450 538-4085 or info@parcsutton.com

Registration on site for Le club des Godasses.

Online registration for all other activities.

Skateboard School NM












At Goyette-Hill park

Online registration until April 14

ecoledeskateboard.com

450 502-3836 or ecoledeskateboardnm@yahoo.com

SPORTS ACTIVITIES

| COOP GYM SANTÉ SUTTON | | | |
|-------------------------|--|--|--|
| Intro to Boxing | FULL SESSION (ONE DAY/WEEK) Members: \$120 Non-Members: \$145 Students: \$80 |   | From April 25 to June 15 (8 weeks) |
| Inter Boxing | | | |
| Interval runs | |  | |
| Introduction to running | FULL SESSION (TWO DAY/WEEK) Members: \$75 Non-Members: \$85 Students: \$60 |   | From 18 April to June 11 (8 weeks) |
| Nordic walk | FULL SESSION (ONE DAY/WEEK) Members: \$75 Non-Members: \$90 |  | From April 25 to May 23 (5 weeks) |
| Walking | Free |   | From April 26 to June 16 |
| Posture and Tone | À LA CARTE (PER DAY) Members: \$18 Non-Members: \$21 |    | From April 25 to June 17 (8 weeks) |
| Boot Camp | | | |
| Pilates | | | |
| TRX | | | |
| Gentle Yoga | | | |
| Sports recovery | | | |
| Gentle Yoga | | | From June 20 to August 17 (9 weeks) |
| TRX | | | |
| Pilates | | | |

 Adults and Seniors  Teens (13-17 y/o)  Young people (5-12 y/o)  10 and 15 classes card available

REGISTER !

Coop Gym Santé Sutton

50 Principale N. Street | coopgymsantesutton.com
450 538-0313 or allo@coopgymsantesutton.com

Boxing

Registration for the full session required. Bandages available at the gym.
Intro to Boxing: Plan to purchase boxing gloves.
Inter Boxing: Intro to Boxing is a prerequisite.

| Monday | Tuesday | Wednesday | Thursday | Friday | Sat/Sun |
|--------------------|----------------------------------|------------------|--------------------|--------------------|-------------------------------|
| | 5:30 - 6:30 p.m. | | | | |
| 5:30 - 6:30 p.m. | | | | | |
| | | 7:30 - 8:15 a.m. | | | |
| 5:30 - 6:45 p.m. | | | | | Saturday 9:30 - 10:45 a.m. |
| 12:30 - 2 p.m. | | | | | |
| | 1 - 2 p.m. | | 1 - 2 p.m. | | |
| 10:15 - 11:15 a.m. | | | 10:15 - 11:15 a.m. | | |
| | 8 - 8:30 a.m. | | 8 - 8:30 a.m. | | |
| | 10:15 - 11:15 a.m. 3 - 4 p.m. | 5:30 - 6:30 p.m. | | 10:15 - 11:15 a.m. | |
| | 9 - 10 a.m. | | 9 - 10 a.m. | | |
| 9 - 10 a.m. | | | | 9 - 10 a.m. | |
| | | | 2:30 - 3:30 p.m. | | |
| 9 - 10 a.m. | | | | | |
| | 9 - 10 a.m. | | | | |
| | | 9 - 10 a.m. | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Sat/Sun |
| | | | | | Sunday 3:30 - 5 p.m. |

 Online registration required before arriving at <https://coopgymsantesutton.com/en/courses>

All classes (\$)

Registration on site. 10 and 15 classes card available.

Walking

Online registration at coopgymsantesutton.com/en

Isabelle Giasson Academy

Gymnasium of Sutton school

19 Highland Street

Isabelle Giasson at 450 919-1095 or academieisabellegiasson@yahoo.ca

Registration for the full session required and no trial classes.

CULTURAL ACTIVITIES

| SUTTON MUSEUM OF COMMUNICATIONS AND HISTORY | | | |
|---|---|--|-------------------------------------|
| EXHIBITION <i>Michèle Boulanger-Bussière, À la mode de chez nous.</i> | \$5 (Adult) Free (18 years and under and Fridays for Sutton residents) | All | From June 11 to October 10 |
| SUTTON ENCORE | | | |
| CLAIRE PELLETIER | \$23 |  (18+ y/o) | April 1 st |
| NICOLET | \$20 | | April 2 |
| BON ENFANT | \$25 | | April 9 |
| DIANE TELL | \$45 | | April 22 |
| DANDELION MARCHÉ POP-UP | Free | All | April 30 and May 1 st |
| CHRIS VELAN | \$20 |  (18+ y/o) | May 7 |
| THIERRY LAROSE | \$20 | | May 21 |
| LAND OF TALK | \$25 | | May 28 |
| KIM ALBERT | \$18 | | July 30 |

 Adults and Seniors

REGISTER !

Sutton Museum of Communications and History

32 Principale S. Street | museedesutton.blogspot.com

514 891-9560 or info@museedesutton.com

Tickets to be purchased on site.

| Monday | Ma | Me | Thursday | Friday | Saturday | Sunday |
|------------|----|----|------------|-------------|-------------|-------------|
| 1 - 5 p.m. | | | 1 - 5 p.m. | 1 - 5 p.m. | 1 - 5 p.m. | 1 - 5 p.m. |
| Monday | Ma | Me | Thursday | Friday | Saturday | Sunday |
| | | | | 7 - 11 p.m. | | |
| | | | | | 7 - 11 p.m. | |
| | | | | | 7 - 11 p.m. | |
| | | | | 7 - 11 p.m. | | |
| | | | | | 12 - 4 p.m. | 12 - 4 p.m. |
| | | | | | 7 - 11 p.m. | |
| | | | | | 7 - 11 p.m. | |
| | | | | | 7 - 11 p.m. | |
| | | | | | 7 - 11 p.m. | |

Sutton Encore

Salle Alec et Gérard Pelletier

4c Maple Street

direction@salleagpelletier.com | 450 538-0486

Ticketing : lepointdevente.com/salle-alec-et-gerard-pelletier

CULTURAL ACTIVITIES

| SUTTON SCHOOL AND MUNICIPAL LIBRARY | | | |
|--|-------|-----------|--|
| STORY TIME (In French only) Host: Dominique Boucher | Free | (4-6 y/o) | From April 5 to Dec. 3 (1 ^{er} Sat. of the month, except June and Sept.) |
| BOOK CLUB (In French only) Host: Liliane Lessard and Yannick Woolley | Free | | From April 5 to Nov. 8 (1 ^{er} Tuesday of the month, except July and August) |
| INTRODUCTION TO CHESS Host: Daniel Arcand | | | May 14 and May 28 |
| TD BOOK CLUB Register between June 13 and June 17 | | | From June 13 to Sept. 5 |
| USED BOOK SALE | | All | June 18 |
| READ AND MAKE THEM READ | | (4-5 y/o) | From Sept. to Nov. |
| BIBLIOTHÈQUE SUTTON LIBRARY | | | |
| USED BOOK SALE John-Sleeth Centre Park | | All | July 16 |
| BINDING WORKSHOP 101 | \$ 10 | | June 7 |
| DICTIONARY REPAIR | \$ 25 | | June 15 |
| ADVANCED BINDING WORKSHOP | | | June 21 |
| PARC CULTUREL D'ARTS ET DE RÊVES - LES SAMEDIS DAR | | | |
| TRICYCLE-ENTRELAC Multidisciplinary event: circus, visual arts and literature. | Free | All | May 14 |
| POEM COCOON Inauguration of the cultural mediation project the poem cocoon. Marie Clark's concept. | | | May 28 |
| CIRCUS SHOW IN THE AGORA | | | June 11 |
| PICNIC WITH MADAME SAMANTHA THE JESTER With Doloreze Léonard | | | June 24 |
| VISUAL ART Exhibition and Showcase of the Artist Sophie Perry | | | August 13 |

Adults and Seniors Young people (6-12 y/o) Childrens (0-5 y/o)





Sutton School and Municipal Library
19 Highland Street
450 538-5843 or bibliotheque@sutton.ca

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------|---------------|-------------|--------------|------------------|--------------------|
| | | | | | 10:15 - 11 a.m. |
| | 7 - 8:45 p.m. | | | | |
| | | | | | 10:15 - 11:30 a.m. |
| date to come | | | | | |
| | | | | | 8 a.m. - 2 p.m. |
| | | | date to come | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | 9 a.m. - 4 p.m. |
| | 9 - 11 a.m. | | | | |
| | | 9 - 11 a.m. | | | |
| | 9 - 11 a.m. | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | afternoon |
| | | | | | afternoon |
| | | | | | afternoon |
| | | | | 11 a.m. - 1 p.m. | |
| | | | | | info to come |

Bibliothèque Sutton Library
7 Academy Street
Hélène Laporte at 450 538-0244 or
biblio.sutton@gmail.com

Parc culturel d'arts et de rêves
57 Principale N. Street | dartsetdereves.org
450 531-5707 or info@dartsetdereves.org

COMMUNITY ACTIVITIES

| SUTTON VOLUNTEER CENTRE | | | |
|--|------|---|--|
| BABY DROP-IN Parents' circle, conferences, workshops | Free |  (Parents & babies 0-2 y/o) | Every Friday (continuous) |
| TOY LIBRARY Loan of game | |  (0-5 y/o) Families | Every Thursday (continuous) |
| CAFÉ 50+ Thematic activities, board games, conferences, creative workshops | |  (50+ y/o) | Every Wednesday (continuous) |
| VACCINATION SERVICES | |  (0-4 y/o) | (continuous) |
| FOOD BANK Distribution of food baskets | | ALL | |
| FOOD RESCUE TABLE Sharing of food | | ALL | From June 15 to October 1 st |
| CURLING CLUB | | | |
| GARAGE SALE Fundraiser | Free | ALL | May 7 |

 Adults and Seniors  Childrens (0-5 y/o)

REGISTER !

Sutton Volunteer Centre

7 Academy Street

cabsutton.com

450 538-1919 or info@cabsutton.com

Baby Drop-in

Free entry. Schedule on Facebook:

www.facebook.com/RessourcefamilleSutton

Toy Library

Free entry. Possible to book an appointment at other moments.

Prenatal and Vaccination Services

Registration by phone with the CLSC at 450 266-4342 poste 4.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---------------|---------------|------------------|---|----------------|
| | | | | 9 - 11:30 a.m. | |
| | | | 2:30 - 4:30 p.m. | | |
| | | 2:30 - 4 p.m. | | | |
| | | | | 3 rd Friday of the month 8:30 - 11:30 a.m. | |
| 3 rd Monday of the month 1 - 4 p.m. | | | | | |
| | 4 - 4:30 p.m. | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | 8 a.m - 8 p.m. |

Food Bank

Registration on site.

Emergency assistance possible at other times if needed. Call 450 538-1919.

Café 50+

Registration by email at info@cabsutton.com

Schedule on Facebook www.facebook.com/RessourcefamilleSutton

Curling Club

26 Pleasant Street

billandlette@hotmail.com

EVENTS

FAMILY CELEBRATION

| | | |
|--|---------------------------|--|
| Gathering to celebrate the families of Sutton/Abercorn region. 📍 Goyette-Hill Park 🌐 cabsutton.com | May 13 9 a.m. - 1 p.m. | Free 👤 Family with children of 18 y/o and under |
|--|---------------------------|--|

DÉFI SUTTON CHALLENGE

| | | |
|---|-----------------------------|--|
| Walk and run open to all! ✍️ Registration on site the day of the event 📍 Goyette-Hill Park 🌐 coopgymsantesutton.com | June 11 8 a.m. - 11 a.m. | Free, voluntary contribution accepted 👤 All |
|---|-----------------------------|--|

FÊTE NATIONALE

| | | |
|---|------------------------------|---------------|
| Several activities are on the menu for these festivities. 📍 Goyette-Hill Park and other places in Sutton | June 24 11 a.m. - 10 p.m. | Free 👤 All |
|---|------------------------------|---------------|

OPEN AIR CINEMA

| | | |
|---|---------------------------------|---------------|
| Screening of 2 films for families and 1 documentary for adults. 📍 Veterans' Park (Maple/pleasant Street) | 3 times between July and August | Free 👤 All |
|---|---------------------------------|---------------|

33rd TOUR DES ARTS

| | | |
|---|---|---------------|
| Visit the workshops of the artists and artisans of the Tour des Arts in the beautiful Eastern Townships of Quebec. 📍 Sutton, Lac-Brome, West Bolton, East Bolton, Mansonville, Abercorn, West-Brome 🌐 tourdesarts.com | July 16 to 24 10 a.m. - 5 p.m. | Free 👤 All |
| Group exhibition of the Tour des Arts. 📍 Arts Sutton Centre 7 Academy Street 🌐 artssutton.com | Thursday July 15 1 - 5 p.m. July 16 to 24 10 a.m. - 5 p.m. | |

SUTTON JAZZ FESTIVAL

| | | |
|--|--|---------------|
| 9 concerts of jazz music offered by local and regional musicians. 📍 Sutton Market, 2 Curley Street 🌐 https://suttonjazz.com | July 2 to September 3 4 p.m. - 6 p.m. (except August 20) | Free 👤 All |
|--|--|---------------|

TRADITIONAL FIDDLE FESTIVAL

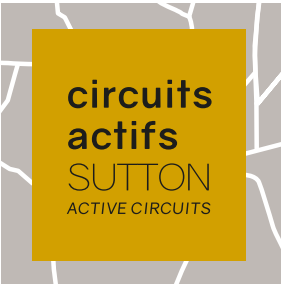












| | | |
|--|------------------------|--|
| Festival of traditional music dedicated to a flagship instrument: the violin. A series of outdoor concerts, training workshops, master classes. 📍 Veterans' Park (Maple/pleasant Street) 🌐 violontradsutton.com | August 18 to August 21 | Online and on-site ticket sales 👤 All |
|--|------------------------|--|

DOOHICKEYS AND GHOSTS : A TOWNSHIPS TRAIL MYSTERY

| | | |
|--|---|---------------|
| Theatrical animation on the road to the townships. 📍 Veterans' Park (Maple/pleasant Street) 📞 Phone reservation at the Sutton tourist office: 1 800 565-8455 or 450 538-8455 🌐 chemindescantons.qc.ca/en/reguines-et-fantomes/ | July 30 and September 18 11 a.m. - 12 p.m. | Free 👤 All |
|--|---|---------------|



HERITAGE TOURS AND CIRCUITS

| ACTIVE CIRCUITS | HERITAGE TOURS | THE BLUE MUSE | PHYSICAL-CULTURE |
|---|--|---|--|
|  |  |  | <p style="text-align: center;">Sutton Museum of Communications and History, Art Plus Gallery, Art Sutton Centre and parc culturel D'Arts et de rêves</p> |
| <p>The Town of Sutton offers ten active circuits to allow its citizens and visitors to practice a physical activity (walk, bike, run, etc.) accessible and pleasant from the village.</p> <p>Ten circuits, identified by color and varying from 1.5 to 8.5 km, have been designed to satisfy different levels of physical fitness.</p> | <p>By car or on a hybrid bike, this is a great way to discover one of the distinctive features of our region: the ancient hamlets that shaped Sutton as we know it today.</p> <p>North Sutton, Westover Mill, Sutton Junction, Draper Hill, West Sutton, Glen Sutton, the route highlights the local religious heritage and includes visits to cemeteries and churches, on the trail of the pioneers.</p> <p>There are also places where you can pause to continue your exploration on foot.</p> <p>If you like heritage and cultural discoveries, these circuits are for you!</p> | <p>Explore or rediscover the village of Sutton on a walking tour that takes you through art and time, from past to present.</p> <p>Feel free to stop along the way at shops, parks and art galleries to take a closer look or listen to memories of previous generations and the stories of local artists</p> <p>As you walk along, you will become more familiar with Sutton's cultural, artistic, architectural and natural heritage.</p> | <p>Discover the culture of Sutton on foot or by bike.</p> <p>Everyday from June 1st to June 30th.</p> |
| <p> A paper map of the active tours is available at the Sutton Tourist Office.</p> <p> To download the map in PDF format: sutton.ca/en/recreation-and-sports/recreation-and-sports-life/active-circuits/</p> | <p> Paper maps of the heritage circuits are available at the Sutton Tourist Office.</p> <p> You can download the audioguided tours for free on the Town of Sutton's website: sutton.ca/en/discover-sutton/heritage/heritage-tours/</p> | <p> Paper map of the Blue Muse tour is available at the Sutton Tourist Office.</p> <p>Free interactive map with the app Ondago (mobile phone or tablet): igloocreations.com/ondago/app/bundles/LaMusebleue/</p> | <p> Coupons available at the Sutton Tourist Office:</p> <p>24A Principale S. Street, Sutton</p> |
| <p style="text-align: center;">Free</p> <p style="text-align: center;"> All</p> | <p style="text-align: center;">Free</p> <p style="text-align: center;"> All</p> | <p style="text-align: center;">Free</p> <p style="text-align: center;"> All</p> | <p style="text-align: center;">Free</p> <p style="text-align: center;"> All</p> |