



2016
2017



PROGRAM

Recreation and Community Services Department

AQUATIC ACTIVITIES - AUTUMN 2016

(LIMITED PLACES - ADULTS ONLY)

At Centre Arc-En-Ciel
567 McCullough Road, Sutton



ACTIVITIES OFFERED ON TUESDAYS **September 20 to November 22, 2016**

Aquafit	1 p.m. to 1:45 p.m.
Swimming	2 p.m. to 2:45 p.m.
Aquajogging	3 p.m. to 3:45 p.m.

Registration

Online on the town website,
from August 8 to September 2, 2016,
at www.sutton.ca.

In person at Sutton town hall,
11 Principale south,
August 30 to September 2, 2016
from 9 am to 11:30 am and 1:30 pm to 4 pm

Information : Cynthia Brunelle at 450 538-2290 • c.brunelle@sutton.ca