



GO BAREFOOT FOR THE CAB!



The CAB Sutton's Maison des générations-Olivet House needs your help!

The Sutton Volunteer Centre (CAB Sutton) needs your help to transform the small Olivet Church into a vibrant community hub that will host the CAB's essential community services for people of all ages, around the unifying theme of food.

Close your eyes and dream with us for a moment. Picture a welcoming place where volunteers lend a hand, where plants and community projects grow, and where different generations gather and support one another. Imagine all of our bilingual services housed under one roof: Food Bank, Meals on Wheels, Collective Kitchen, and all our family and senior services!

Together, we can breathe new life into the Olivet Church!

In order to accommodate its new mission, the charming 1845 fieldstone church will need to be renovated and adapted to the needs of the CAB Sutton community. Help us preserve this building to bring 176 years of local history to life!

We are halfway there!

The CAB has secured half of the funding for this innovative project and we are now turning to our supportive community to raise \$70,000 in order to help us complete this exciting community project. The "Go Barefoot for the CAB" challenge is one of the ways we are working to reach this financial goal!

LAURE WARIDEL "BAREFOOT"

The ecosociologist and social activist Laure Waridel supports the CAB Sutton's Maison des générations-Olivet House:

The Maison des générations-Olivet House will strengthen the social fabric, partnerships & local food systems creating more resilient communities. Transforming the former Olivet Church into a community hub can inspire other initiatives and bring about more positive change.



GO "BAREFOOT" FOR THE CAB SUTTON!

All of July 2021, the CAB Sutton invites you to get creative and show support for the project by taking up the challenge: **"Go Barefoot for the CAB"**. This small gesture of solidarity with people experiencing vulnerability is a reminder **that we are all vulnerable.**

2 WAYS TO PARTICIPATE:

1.



Take a barefoot selfie & make a donation!

- Take a barefoot selfie.
- Make a donation on our website cabsutton.com/en
- Share on social media with the hashtag **#GoBarefootfortheCAB** and encourage your friends to donate.
- Nominate someone you know to take the challenge.

2.



Make a donation!

- Reluctant to show your toes? No worries! You can simply donate to the fundraiser at cabsutton.com/en

The CAB's Board of Directors went barefoot! How about you?



Photo credit : Mikaël Theimer